

# DS 5220, Lecture 5: Logistic Regression Using Gradient Descent

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Here, we'll look at the logistic regression model step-by-step and describe a gradient descent algorithm to solve the regression model. Suppose we have an input set  $(x_1, y_1), (x_2, y_2), \dots, (x_n, y_n)$ , where every  $x_i$  is a  $p$ -dimensional feature vector, and  $y_i$  is a binary label between  $+1$  or  $-1$ .

In the logit model, we want to know what's the probability that a given  $x$  has a certain label, in this case:  $\Pr[y = +1 | x]$  and  $\Pr[y = -1 | x]$ . We'll assume that the probabilities follow the logistic function. For example, suppose the true label is  $+1$ , then we want  $\Pr[y = +1 | x]$  to be as close to 1 as possible. Using the logistic function, we may represent this as:

$$\Pr[y = +1 | x] = \frac{\exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)}{1 + \exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)}. \quad (1)$$

The logistic loss (or log loss) is the negative log-likelihood of the above probability, which is

$$\begin{aligned} -\log \Pr[y = +1 | x] &= -\log \frac{\exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)}{1 + \exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)} \\ &= \log \frac{1 + \exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)}{\exp(\beta_0 + \sum_{i=1}^p \beta_i x_i)} \\ &= \log \left( 1 + \exp \left( -\beta_0 - \sum_{i=1}^p \beta_i x_i \right) \right) \end{aligned}$$

At the other extreme, when the true label is  $-1$ , we want the probability of (1) to be as low as possible. Instead, the log loss becomes

$$\log \left( 1 + \exp \left( \beta_0 + \sum_{i=1}^p \beta_i x_i \right) \right).$$

Taken together, we may write the averaged log-loss in the training set as

$$\hat{L}(\beta) = \frac{1}{n} \sum_{i=1}^n \log \left( 1 + \exp \left( -y_i \cdot \left( \beta_0 + \sum_{j=1}^p \beta_j x_{i,j} \right) \right) \right),$$

where  $x_{i,j}$  is the  $j$ -th entry of  $x_i$ .

Unlike the least squares problem, logistic regression does not permit a closed-form solution. One way to solve this regression problem is using an optimization algorithm such as gradient

descent. We need to compute the gradient of the loss,  $\nabla \hat{L}(\beta)$ . Then, we set a step size parameter  $\eta_t$  (usually between 0 and 1), for  $t = 1, 2, \dots, T$ . With the gradient, we can update  $\beta$  as follows:

$$\beta^{(t)} \leftarrow \beta^{(t-1)} - \eta_t \cdot \nabla \hat{L}(\beta^{(t-1)}),$$

for  $t = 1, 2, \dots, T$ .

Recall that the gradient is a vector that includes the entry-wise partial derivative of  $\hat{L}$ . Let's look at one entry as an example. For a particular  $(x_i, y_i)$ , let's look at the partial derivative of the log-loss over  $\beta_j$ :

$$\frac{\partial \log \left( 1 + \exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right) \right)}{\partial \beta_j} = \frac{\exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right)}{1 + \exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right)} \times (-y_i x_{i,j}),$$

for any  $j = 1, 2, \dots, p$ . As for  $\beta_0$ , the partial derivative is similar:

$$\frac{\partial \log \left( 1 + \exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right) \right)}{\partial \beta_0} = \frac{\exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right)}{1 + \exp \left( -y_i \cdot (\beta_0 + \sum_{j=1}^p \beta_j x_{i,j}) \right)} \times (-y_i).$$

Taken together, we have obtained the gradient of  $\hat{L}$ .

Lastly, we'll show that the log loss,  $\ell(x) = \log(1 + \exp(-x))$  is a convex function. Recall that a function is convex if and only if  $\ell''(x) \geq 0$ , or equivalently,  $\alpha \ell(x) + (1 - \alpha) \ell(y) \geq \ell(\alpha x + (1 - \alpha)y)$ .

$$\begin{aligned} \ell'(x) &= -\frac{\exp(-x)}{1 + \exp(-x)} = \frac{-1}{1 + \exp(x)}, \\ \ell''(x) &= \frac{\exp(x)}{(1 + \exp(x))^2} > 0. \end{aligned}$$

With a bit more calculation, one could show that for minimizing a convex function, the gradient descent algorithm (starting from a random initialization) will eventually converge to a global minimizer that is approximately optimal for minimizing  $\hat{L}(\beta)$ .